RSVP Programs Available

Check out the different relationship and sexual violence prevention programs/workshops the UGA RSVP office has to offer the UGA campus community (i.e., students, student orgs, RA’s, professors)

**Program Topics**

“Anatomy of a Hook Up” – For some students, traditional dating is out and the “hook up” is in. What does it mean for you? Come and discuss what dating life is really like in college and learn how to be safe while enjoying your college years. Participants will think critically about the steps in hooking up, and how alcohol and consent factor in. (30 min approx.)

“Range of “Acceptable” Behaviors” – This workshop illustrates how unhealthy, disrespectful or even violent sexual behaviors are normalized and how that normalization leads to a culture that tolerates or even supports sexual violence. (35 – 45 min approx.)

“Sexual Violence: Have We Been Lied To?” – It’s time to rethink what you’ve been taught about sexual violence and how it happens. This interactive session will bust many common myths about sexual assault and present ways you can stop it before it happens. (25 - 30 min approx.)

“Walking the Walk” – Sexual violence survivor simulation (empathy building) interactive activity – (created by Houston Area Women’s Center) Participants will walk in the shoes of a survivor as they navigate different on- and off-campus resources and learn the complexities of the various processes. (1 hour, can be shortened to 30 mins)

“Create Your Perfect Mate” – Using markers, magazines, & creativity, students construct their “ideal” mate. What do they look like? What traits/qualities do they possess? Students will have adequate time to complete their mate and then will share and discuss what their mate looks like - not only physically, but personally. (45 min – 1 hour approx.)

“Is This Healthy..?” – Can you identify behaviors in dating relationships that are “healthy” and “unhealthy”? Have students test their knowledge and be able to identify “warning signs” to be on the watch for in their own and in their friends’ relationships. (25 min approx., but flexible)

“Dating Violence Continuum” – This workshop will help students identify types of abusive behavior and rank where they ‘stand’ on the topic(s) of dating violence. This will encourage students to critically think about how abuse can present itself in various ugly forms. (20 – 25 min approx.)

“Relationship Poker” – Students will be given a handful of cards with positive, negative and neutral traits about a potential partner. They will then trade with other residents in an attempt to get rid of any qualities they don’t want their partner to possess. Students will be on a quest to create their “ideal” partner and then explain why they traded/kept certain cards. (20 – 25 min approx.)

If you have comments/questions or to request a program, call or email RSVP Coordinator Michele Passonno at: (706) 542-7206 OR mpassonno@uhs.uga.edu. *If you or someone you know has been impacted by interpersonal violence, help is available. Call (706) 542-SAFE (7233) to speak with an RSVP advocate.

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“Sexual/Relationship Violence Jeopardy” – This activity is based on the popular game show! You can do one topic or a combination of both relationship & sexual violence. Participants will answer trivia questions to test their knowledge about violence amongst various categories. This interactive session will bust many common myths about sexual assault and present ways you can intervene with your peers to stop it before it happens. (1 hour approx., but flexible)

“50 Shades of Consent” (Optional -- Chocolate Activity) – Understanding what constitutes as consent may seem like a GREY area, especially in the heat of the moment. This interactive presentation will break down sexual consent - what it is, what it isn't, how to distinguish seduction and how to get it without coercion. (1 hour)

“I’ll Be Watching You: Talking About Stalking” – Participants will learn to understand the dynamics and complexities of stalking and cyber stalking, clarify myths, discuss "red flag" behaviors and actions to help you identify potentially dangerous situations and discuss overall safety tips and options related to stalking. (25 - 30 min approx.)

“Hurting is NOT Loving” – Students learn what to look for and what to avoid in a dating relationship. What are the components of a healthy relationship? In this workshop, we will discuss new ways to think about approaching a romantic relationship and learn what is most important to you in choosing a partner. (1 hour, or can be shortened to 30 mins)

Discussion Groups – Have an idea in mind but don’t see it on the list? Let us know! Let RSVP help implement a discussion group with your group based on an aspect of relationship violence, stalking, or bystander intervention using a relevant book, movie, or recent issue that you feel affects college students today. We value your input and will tailor programs to your audience!

Educational DVDs (and accompanying discussion guides) also available:

- **Speak Out and Stand Up: Raising Awareness About Sexual Assault** *(20 mins; Clery Center/Security on Campus)*
- **The Undetected Rapist** *(23 mins; Dr. David Lisak/National Judicial Education Program)*
- **Campus Confidential: An Inside Look at College Culture** *(30 mins; Denice A. Evans, J’Hue Film Productions)*
- **The Spitting Game: The College Hook Up Culture** *(focus on First Year Students: 30 mins; Denice A. Evans, J’Hue Film Productions)*
- **The Spitting Game: The College Hook Up Culture** *(separate 82-minute film & 35 min. abbreviated film available)*

*Discussion Guides available to accompany DVDs*

**Remember** Please be sure to give RSVP (at least) two weeks’ notice before your campus/classroom/residence presentation to ensure adequate planning. When planning your semester events, keep in mind:

- **October** is national Domestic Violence awareness month
- **January** is national Stalking awareness month
- **April** is national Sexual Assault awareness month

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