

## Fast melon sorbet

Makes about four servings

### Ingredients:

2 cups cubed frozen melon (cantaloupe, honeydew, watermelon)  
1/2 cup plain, unsweetened yogurt  
1/4 cup sugar  
1 teaspoon vanilla or lime juice



### Instructions:

Add all ingredients to blender or food processor and blend until just smooth. Serve immediately or freeze.

*Recipe source: Good and Cheap by Leanne Brown*

Nutrition info: 94 calories, 1g fat, 16mg sodium, 21g carb, 1g fiber, 1g protein.



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