

## Sweet and spicy snack mix

Makes 7 servings

4 cups Chex cereal  
2 cups mixed nuts  
1 cup mini or waffle pretzels  
1 tablespoon hot sauce  
1/4 cup brown sugar  
1/2 cup canola oil  
1/2 teaspoon salt



Oven method: Preheat oven to 350F. Combine the cereal, nuts, and pretzels in a bowl. In a second bowl, whisk the hot sauce, sugar, oil and salt together, and then pour over the cereal mix. Spread mixture onto a rimmed baking sheet and bake for 10 minutes, then stir. Bake another 10-15 minutes or until the mixture begins to get crispy. It will get crispier once out of the oven.

Microwave method: Follow the directions as above, combining all ingredients in a microwave safe bowl instead of on baking sheet. Microwave on high for five minutes, stirring every two minutes.



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