

Honey Garlic Chopped Chickpea Salad

Yields 4 servings

For the dressing:

1/3 cup vinegar (rice or ACV)
2 cloves garlic, minced
1 tbsp honey
1/2 tsp salt
1/4 tsp black pepper
1/4 tsp cayenne pepper
1/2 cup olive oil

For the salad:

2, 15oz cans chickpeas, drained and rinsed
1 medium cucumber, quartered and sliced
1 cup shredded red cabbage
2 medium carrots, peeled and diced
1/2 cup red onion, diced
1/2 cup cilantro, coarsely chopped



Instructions

Whisk all dressing ingredients together in a small bowl.

Place salad ingredients in a large bowl and drizzle with dressing. Toss to distribute.

Adapted from www.thekitchn.com



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