PERSONAL MISSION STATEMENT WORKSHEET

Fontaine Center
The University of Georgia

List at least **THREE** core values, characteristics, and skills and talents that you possess or consider strengths. Develop a value statement for each core value describing what that value means to you. From there, look at the big picture portrayed by what you've written down. Use the core values and associated statements, characteristics, and skills/talents identified to write a personal mission statement that will guide you when making decisions, encountering challenges, and resolving issues. For help brainstorming values, characteristics and skills/talents, and for an electronic version visit: https://www.uhs.uga.edu/mentor/assignments.

CORE VALUES		CHARACTERISTICS	SKILLS/TALENTS
Values *Example: Growth*	**Value Statements** *Example: seeking and remaining open to opportunities to increase awareness/knowledge of self, others, & the world*	*Example: generous, out-going*	*Example: problem-solving, positive thinking*

PERSONAL MISSION STATEMENTS

"Personal mission statements based on correct principles are like a personal constitution, the basis for making major, life-directing decisions, the basis for making daily decisions in the midst of the circumstances and emotions that affect our lives."
(Retrieved from https://www.stephencovey.com/mission-statements.php, paragraph 3)

MY PERSONAL MISSION STATEMENT

Example: I will enter each day with a generous heart working to promote a positive environment by focusing on growth and social change.