

WHAT'S ON YOUR MIND?



a **FREE** workshop **ON**

STRATEGIES AND SKILLS TO THRIVE AT UGA

MONDAYS FROM 12:30-1:30PM  
TATE 142

Hosted by CAPS  
More info: [www.uhs.uga.edu](http://www.uhs.uga.edu)  
706.542.2273

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University Health Center  
Student Affairs  
UNIVERSITY OF GEORGIA

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