

## Get the scoop on UHC Student Groups...

### In Sickness and In Health (ISH)

ISH is a group students who work together to increase awareness of college health issues. ISH helps students learn to balance their lives with the help of the UHC. ISH students design and implement a year-long, campus-wide marketing campaign that promotes understanding the breadth of Health Center resources.

### Fontaine Center Alcohol Advisory Board (FCSAB)

FCSAB was created to increase student involvement in alcohol awareness and education within the John Fontaine, Jr. Center for Alcohol Awareness and Education. The group works together to improve the safety of UGA students by advising the alcohol awareness and education programs at the Fontaine Center.

### SHUGA (Sexual Health Helpers at UGA)

SHUGA is a group designed to keep sexual health advocates of UGA informed on upcoming events and programs sponsored by the UHC's Sexual Health Education program. The group works to raise awareness about safer sex within the UGA community through campus-wide programming, and to act as a student-comprised advisory committee for the Sexual Health Education program.

### Peer Nutrition Educators (PNEs)

The Peer Nutrition Educator Program is a group of students from the Dietetics department. After completing a required course designed to translate nutrition principles into practical food and nutrition applications for UGA students, PNEs fulfill requests for nutrition programs for residence halls, sororities, fraternities, student groups and community groups.

### SHAC (Student Health Advisory Committee)

SHAC is an organization comprised of members who represent the student voice in UHC operations by promoting a positive and open channel of communication between the UHC staff and the student body. They contribute to the awareness of student health issues.

### Welcome to Health Promotion:

Welcome to the inaugural issue of the new Health Promotion and Communications e-newsletter. The goal of this publication is to showcase the wonderful work of the UHC's student groups and to keep everyone in the know about what our groups are doing around campus.

- Students from each group will submit updates and upcoming events
- Advisors and group leaders will nominate one student from a group to be featured in our student spotlight

**Interested in professional development??**

**Don't forget to register for the Southern College Health Association (SCHA) Annual conference by clicking [here](#).**

**March 17-19 @ the Georgia Center**

## Upcoming Events:

**March is National Nutrition Month!**

**3/9 Safe Spring Break  
Tabling (Tate Plaza)**

**3/14-3/18 Spring Break**

**3/17-19 Southern College  
Health Association  
Conference**

**3/25- ISH, FCSAB & PNEs @  
Dawgs After Dark (Ramsey)**

**Student Spotlight on 2**



## Did you hear about...?



TV reporter starts speaking gibberish on camera suffered from migraines, not mini-stroke, reports AP Poll on Feb 17, 2011.

Want to know more about...

**Migraines?**  
www.uhs.uga.edu

## Student Spotlight

Your picture here!

*Nominate a student leader from your group for our student spotlight. This student should exhibit exemplar leadership in their group and a passion for promoting health and wellness to UGA students.*

### SAVE THE DATE!!

Dawg Gone Healthy Day-  
"Surf to Good Health"

April 20, 11am- 3pm  
Tate Plaza

Come out for a day of games,  
prizes, and fun!!

This month's UHC meeting average attendance:

ISH- 6  
FCSAB- 11  
SHHUGA- 15.5  
PNE- 9  
SHAC- 14

Enter the 2011 Spirit Shirt Contest for a chance to win \$1000!!!

Submit designs to

[UGAStateFarmTshirtContest@gmail.com](mailto:UGAStateFarmTshirtContest@gmail.com) by 3/17!

Visit [www.georgiadogs.com](http://www.georgiadogs.com) for more info!

To nominate a student or to submit group updates please send an email to [lboothby@uhs.uga.edu](mailto:lboothby@uhs.uga.edu)

