

TO: Parents of UGA Students

FROM: Dr. Rodney D. Bennett  
Vice President for Student Affairs and  
Dean of Students

Dr. Jean Chin  
Executive Director  
University Health Center

RE: H1N1 Flu and Seasonal Flu Information

The University of Georgia continues to monitor the worldwide H1N1 flu pandemic and recommendations from the Centers for Disease Control. To date, all students who have been diagnosed with influenza have recovered or are recovering. We need your assistance to limit the impact of the flu on this campus and have provided some information for your review.

To limit exposure to respiratory infectious diseases and remain healthy encourage your student to:

1. Cover your nose and mouth with a tissue when you cough or sneeze and then discard the tissue in the trash.
2. Wash your hands often with soap and water, especially after you cough or sneeze or use alcohol based hand cleaners.
3. Avoid touching your eyes, nose, or mouth.
4. Avoid close contact with sick people.
5. Get the seasonal flu vaccine and the H1N1 vaccines when available.

Symptoms of seasonal flu and H1N1 are identical and include fever (100 degrees Fahrenheit), sore throat, muscle aches, cough, runny nose, and fatigue. Other symptoms may include nausea, vomiting, and diarrhea.

#### *What To Do If Your Student Develops Flu-like Symptoms*

- ❑ All students have been assigned to a primary care provider at the Health Center. If your student develops symptoms and needs to see a provider, they can make an appointment online at [www.uhs.uga.edu](http://www.uhs.uga.edu) or call their assigned primary care clinic.

Clinic phone numbers:

Medical Clinic Blue 706 542-8654  
Medical Clinic Gold 706 542-8609  
Medical Clinic Green 706 542-8650  
Medical Clinic Red 706 542-8636  
Urgent Care Clinic 706 542-5048

- ❑ Students diagnosed with flu or influenza like illness (ILI) are encouraged to return to their off campus home to keep from making others sick. Ideally, private automobile or taxi is preferable over public transportation because it limits contact with others as much as possible. Students should remain home until they no longer have fever or have signs of fever (chills, feel very warm, have flushed appearance) without the aid of fever reducers (such as Tylenol or ibuprofen).
- ❑ Students who live on campus and cannot return home should self isolate in their room and remain there until fever free without the aid of fever reducers.
- ❑ Students who receive treatment at the University Health Center will receive verification of the date and time of their visit to the Health Center. No medical “excuses” are provided. Only instructors have the authority to excuse students from class.
- ❑ Students who receive treatment from a community physician should seek verification of their visit from that provider.
- ❑ Students should notify their instructors by phone or electronically of inability to attend class.
- ❑ Advise your student to seek immediate medical attention if he/she develops worsening symptoms such as increasing fever, shortness or breath, chest pain or pressure or rapid breathing.

Urgent Care Clinic is open in the evenings until 8PM and on Saturday and Sunday from 10A-5P.

The Health Center’s flu information line at 706 542-8631 is available between 8A-8P Monday through Friday and 10A-5PM Saturday and Sunday.

Additional information is available at the Health Center website at [www.uhs.uga.edu](http://www.uhs.uga.edu)